



TIOGA COUNTY BOARD OF HEALTH

PLEASE RSVP TO 607-687-8630

IF YOU WILL NOT BE ABLE TO ATTEND THIS MEETING

TO: Members of the Board of Health

FROM: A. Reigelman

DATE: May 14, 2026

RE: Board of Health Meeting - Thursday, May 21, 2026,
7:30 a.m., **Conference Room B**, 2nd Floor of Health and Human Services
Building at 1062 St. Rt. 38, Owego, NY 13827.

AGENDA

1. Approval of Minutes- April 2026
2. TCPH Audit Summary, Quarter 1 2026 (S. Medina)
3. Old Business
4. Director's Report
 - Agency Updates- April (2026)
5. New Business
 - Enforcements
6. Additional Items
 - None
7. Next Meeting Information
 - Next Meeting: June 18, 2026

TIOGA COUNTY BOARD OF HEALTH

MEETING MINUTES April 16, 2026

BOARD MEMBERS' PRESENT:

T. Nytych, DVM, President
W. Simmons, Vice President
T. Hills, DVM
J. Raftis, DO, FACEP
W. Standinger III, Legislator
T. Leary, FNP

ABSENT:

R. Kapur-Pado, DO

OTHER(S) PRESENT:

H. Vroman, Public Health Director
A. Reigelman, Secretary
P. DeWind, Esq., Tioga County Attorney
S. Medina, Deputy Director of Public Health
D. McCann, Director of Administrative Services
M. Miller, Director of Patient Services
D. Scherrer, Director of Environmental Health
N. Whitmore, Director of Dental Services

CALL TO ORDER: at 7:29 a.m. by Dr. Nytych.

The board expressed appreciation for Ms. Reigelman, who received an award and was selected as Team Member of the First Quarter. Ms. Reigelman thanked the board for their kind messages.

Ms. Reigelman asked for Board permission to use an AI transcription device to record today's meeting to assist in capturing minutes. Members permitted, but concern was raised regarding the retention policy for meeting recordings, especially regarding Freedom of Information requests. A suggestion was made to create a policy to hold recordings for a limited time for the secretary's use. Ms. Vroman stated that meeting minutes are posted to the county website and the recording platform was approved by the ITCS department. It was decided that the records retention policy will be confirmed and ensured that the device would be turned off during executive sessions.

APPROVAL OF MINUTES: Motion to approve March 2026 meeting minutes made by Mr. Simmons, seconded by Dr. Hills. All were in favor of approving the minutes, none opposed, motion approved.

PROGRAM UPDATES:

Sue Medina: Health Education & Coalition work

Highlights-

- A lot of good work with coalitions this quarter.
 - In ASAP Coalition (substance use prevention) worked with Tioga County school districts (grades 7-12) to administer the CLYDE Survey which covered substance use, mental health and bullying. Coalition Chairs met with school districts to review the survey data. Plan to present results to the Board of Health in June.
 - Suicide Prevention Coalition developed a strategic plan focusing on distributing trigger lock boxes/medication lock boxes, conducting QPR

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trainings, and reaching high-risk populations (men), and promoting the CredibleMind platform.

- Community Outreach- Our newest Public Health Educator has been creating lesson plans for families on topics like children’s dental health, nutrition and traffic safety and promoting at Family Resource Centers across the county.
- Community Health Improvement Plan (CHIP) Update- Steering Committee has been using the NYS Prevention Agenda and Community Health Assessment survey data to select priority priorities for the CHIP. We are using our new platform, Metopio, to help track all data. The CHIP will be due to New York State by June and then we plan to present to the Board of Health in July or September.

Challenges-

- We have several growing families for Health Education staff, and we are having to work around maternity leaves (two staff will be returning in May). The team has pulled together to help cover and now we have people who are trained in multiple areas which will be helpful moving forward.
 - Members and TCPH Directors discussed the County’s maternity leave policy.

Dan Scherrer: Environmental Health

Highlights-

- Tioga County was approved for state-funded PFAS and Dioxin testing for fourteen public water supplies, saving water operators close to \$1,200.00 in 2026.
- Partnered with Adult Protective Services to clean two homes this past quarter, providing garbage bags, cleaning supplies, and rodent traps. Two filled dumpsters were removed from one home and then one dumpster from the second one. We have a great relationship with Adult Protective Services and help each other a lot.
- Also partnered with Child Protective Services on multiple joint visits on open garbage cases and elevated blood lead level cases at the same residence as a CPS case. We supplied lead mitigation kits that were received through the Floyd Hooker Grant.
- Weights and Measures program is moving in the right direction, with process in place to ensure all facilities are inspected in 2026. Our equipment is now certified and we are in process in updating forms. State training has been occurring on a regular basis. Our new Director of Weights and Measures has completely caught on and doing amazing in the position.

Challenges-

- Constant changes in PFAS testing requirements (frequency in testing) creates communication challenges with water operators.
- In garbage complaint investigations, we are seeing large numbers of people unable to afford garbage pickup due to pricing. People are keeping garbage longer on site and bringing it by car to transfer stations because it’s cheaper, which makes rodents happy. Noted increase in price for disposing of mattresses which is leading to people improperly disposing, like burning. We have partnered with Sister Mary at Rural Ministry in some of these cases.
 - Discussed process for the PFAS water testing-samples collected by TCPH and TCPH sends out for results at no cost to the water operator, TCPH partnership with Adult Protective Services and garbage services that operate in Tioga County.

Denis McCann: Fiscal

2025 Fiscal Year End Summary- Mr. McCann explained that the county’s funding process is driven by “local cost” or “local share”-the gap between expenses and revenue. Public Health returned a total of roughly \$1.1 million in local share to the county for 2025. Key savings included lowered Preschool Special Education enrollment, reduced transportation costs by reimbursing parents for mileage, and grant funding covering program expenses. Additionally, fee-for-service revenues were up across the board, particularly in Dental, Environmental Health, and Early Intervention.

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- Legislator Standinger made note and asked to recognize that the County Administrator, Jackson Bailey, speaks very highly of Mr. McCann's expertise and handling of Public Health's budget. Mr. McCann stated that he is just the face of it, but it is a team approach with Ms. Vroman's and other program director's full involvement and understanding.

2026 Budget – Have made adjustments based on year end of 2025. First quarter shows positive results.

Challenges-

- A new county contract policy was implemented in February and has created some operational challenges, as it requires legal review for many agreements and rescinds a previous policy allowing director signoffs. County Administrator and County Attorney DeWind have met with us to discuss an emergency ordering process to mitigate negative impacts. We appreciate that they are working with us.
- Legal Department delays- The Legal Department is facing significant delays due to high workload. Have suggested creating a new paralegal position to have the authority to review and sign off on routine matters and discussed the possibility of helping to fund it.
 - Discussion of County Attorney's office current staffing.

Mel Miller: Nursing & Early Intervention

Highlights-

- Last year we began contract with UHS Infectious Disease to be able to refer patients for rule-out TB. This year, in early spring, we utilized this service and were able to receive all testing needed for the patient. Bills all came to us and we were able to claim Article Six reimbursement.
- In Early Intervention, we hired a part-time Speech-Language Pathologist, and she is now seeing children. Because she works full-time through BOCES, she is only seeing a limited number of children in our program. We foresee her being able to provide services for six children.
- Public Health Nurse is now cross-training in Early Intervention, to be able to help when needed.

Challenges-

- There is a nationwide shortage for providers in Early Intervention and currently have thirteen children on our waitlist to receive services. Some can utilize our Therapy Room and see a Special Education instructor and a few seek services through Leaps and Bounds and Child's Play.
- Seeing an increase in tickborne illnesses already this year. In 2025 there was a total of 86 cases with anaplasmosis and in 2026 so far we have four cases (also noted Babesiosis numbers). There is also a new Alpha-gal syndrome associated with meat allergies that we are starting to watch for as well.
- Public Health Nurse is having to do additional outreach to correct providers in proper treatment protocols.
 - Additional discussion of tickborne testing panels and testing confusion.
- Already seeing potential rabies exposures and Nursing has had to follow patients for HRIG and rabies dosing. We are struggling to have emergency departments give injections correctly for series. Noted that new outreach material has been made to try to assist with this.
 - Discussed Early Intervention provider shortage and if anything more could be done to help. Ms. Vroman noted that the Governor is aware of the shortage issue and there has been legislation to look at different things they can do such as increase provider rates. TCPH has done things internally to try to mitigate the issue (offering remote sessions, SEIT sessions, etc.), however the issue must be changed at the Governor's level to make a difference. We are still exploring other options.

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Nicole Whitmore: Dental

Highlights-

- Most schools are now using apps to communicate with parents, and they are pushing through our program information through these apps as well. Due to this we are seeing an increase in enrollment numbers. At Newark Valley, we saw 99 kids and had a total number of 256 cavities. It has been difficult to keep up with the decay.
- We are using new product called Silver Diamine Fluoride, which when applied to a tooth with decay, will stop decay, which is good for baby teeth. Have done 73 treatments so far this year!

Challenge-

- We do not have good referral sources-Dino Dental is the only provider at this point that takes Medicaid or state funded insurance. Have lost several referral sources as they are not taking anymore new patients. Some of the referral sources we have are distance away, and many clients do not want to travel for services.
- Did a little survey with kids to see who brushed their teeth before school. 61 said they did not brush before school, and 41 did. She provided examples of some of the reasons why kids did not.

OLD BUSINESS:

- Oral Health Endorsement- Drafted letter to primary care providers was initially shared at last month's meeting, requesting the Board of Health's endorsement in this initiative. All members expressed their endorsement for the initiative electronically via email prior to the meeting. Some had additional questions that Ms. Whitmore answered during the meeting. Ms. Whitmore explained the premise of the initiative as part of New York State's Year 14 Performance Incentive to apply fluoride. She discussed the process of applying fluoride during primary care office visits for children ages zero to six. Ms. Vroman noted that it would be optional for providers as well as for parents. Ms. Whitmore stated that one of the most important things is the provider having the conversation with parents. Ms. Vroman inquired if board members would endorse the initiative and to be able to include that language in the letter to primary care providers. Motion was made by Mr. Simmons that the Board voted unanimously to endorse the fluoride initiative with primary care providers; seconded by Dr. Hills. All were in favor of approving this initiative, none opposed, motion approved.

All TCPH directors departed meeting by 8:58 a.m.

DIRECTOR'S REPORT: Ms. Vroman distributed and shared her Director's Report.

Public Health Information:

- No federal funding impacts to local Public Health currently. Other HHS programs are likely to be impacted with potential funding changes to programs such as SNAP, Medicaid & CDC. Additionally, NYS budget negotiations are still underway, but do not anticipate any local changes/cuts.
- In NYS there has been one additional Measles case since last month for a total of eight cases for 2026.
- Respiratory illnesses continue to decline, about 1500 cases total which is slightly less than last year.
- Tickborne cases-50 so far this year with one hospitalization. Seeing a 50% increase from last month.

Staffing:

- Ms. Reigelman was selected as Team Member of the First Quarter for 2026.

Accomplished Activities:

- Public Health Week was the first week of April, we held a lunch and hosted our first Public Health Excellence Award Ceremony (distributed Press Release in hardcopy handouts).

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Legislator Standinger was awarded the Promotion Award, Laura Bennett (Sr. Public Health Educator) was awarded the Prevention Award, the Environmental Health Team was awarded the Protection Award, and Rural Health Ministry was awarded the Public Health Champion Award for their cross-collaboration efforts.

- ATUPA violation at Spencer SurFine. Recently had ownership changeover, so we are working with them to provide education.
- Environmental Health Director and Sanitarian presented Food Safety to 4H Club and will be presenting to more.

In-Progress Tasks:

- PHEP Coordinator is preparing a functional exercise to be able to simulate our emergency response/capability to a disease outbreak. A few members of the PHEP Team have been part of the planning process (but information has not been shared with all). The exercise is planned for the end of the month and will share the outcome at next meeting.
- We have restructured our rabies clinic to include a best practice approach using ICS structure. We are gearing up for one of our largest clinics at Newark Valley next week.
- Quality Improvement Project Update-
 - Rabies Post Exposure Prophylaxis (RPEP) Billing: We are meeting with other counties and looking at contracts with hospitals.
 - Communicable Disease Training Plan: Ms. Squair, our PHEP Coordinator, is our backup who is testing the training plan currently and is almost fully trained.
 - New QIP- Online Food Course: It is not a requirement for counties to have, but we do make it available for food handlers. We are looking to update process and streamline (include form updates).

Board members commended the running of Tioga County Public Health's rabies clinics and use of electronic pre-registration.

NEW BUSINESS:

- Enforcements: Brief discussion of the Mobile Home Park enforcement. Ms. Vroman stated that all enforcements were straightforward and issues were addressed.

ADDITIONAL COMMENTS/BUSINESS:

- Mr. Simmons asked that Ms. Squair, PHEP Coordinator, attend an upcoming meeting to be able to meet and introduce her to the Board.

Motion to adjourn meeting made by Mr. Simmons, seconded by Dr. Raftis, all in favor, none opposed, motion approved. Adjournment of meeting called 9:13 a.m.

Minutes respectfully submitted by Abigail Reigelman

Thomas Nytech, DVM, President

Abigail Reigelman; Secretary

Minutes approved May 21, 2026



May 2026 Enforcements

<u>Business</u>	<u>Type of Violation</u>	<u>Fine Paid/Date</u>	<u>Repeat Violation(s) within 12 Month Period</u>
Brooke Grant Dandy Mini Mart Nichols 814 W. River Rd. Nichols, NY	Water	\$175.00 4/9/2026	No
Joy Hill Hill Mobile Home Park Barton, NY	Water	\$200.00 4/13/2026	No
Kapil Phuyal Spencer Surfine 135 N. Main St. Spencer, NY	ATUPA	\$350.00 4/20/2026	No
Wei Yang Chef Stanley's 7664 St. Rt. 434 Apalachin, NY	Food	\$775.00 4/30/2026	No



Tioga County Public Health

Health & Human Services Building | 1062 State Route 38, Owego, NY 13827

Phone: 607-687-8600 | Fax: 607-223-7030 | ph.tiogacountyny.gov

Heather Vroman, MPH, MEd., Public Health Director



AGENCY REPORT

March 26-April 22, 2026

Highlights

- We celebrated a wonderful and eventful Public Health Week, and hosted our first Public Health Excellence Awards!
- We have been awarded funds from the Community Foundation to be used for purchasing car seats in support of the Child Passenger Safety Program.
- The Lactation Education Program is officially up and running. We ran social media ads and shared flyers with partners throughout the month of March, and currently serve five individuals.
- Our “Pause the Pour” media release for Alcohol Awareness Month was featured in the New York State Association of Counties (NYSAC) newsletter.
- Abby Reigelman, Secretary to the Public Health Director, was nominated as Team Member of the First Quarter of 2026.

Health Education

- Public Health Educator worked with Family Resource Center to promote safety gear by reading the book “What We Wear When We Take Care.” Children and caregivers learned about proper safety attire, such as helmets when riding bikes or scooters, face masks, gloves, vests and other protective gear.
- Several staff tabled at Newark Valley High School during their “wellness week” to promote Tioga County ASAP Coalition, CredibleMind, healthy eating and dental health.
- Staff also tabled at Tioga County Rural Ministry Food Pantry to promote the Together Time Boxes (which help build family connections).
- Health Educators delivered tick kits, Permethrin rack cards and CredibleMind materials to all municipality buildings in Tioga County.
- Staff met with Ellen Pratt, Steve Solomon and the Public Health Director to discuss vape disposals and the needs and dangers of the current disposal instruction.
- Staff attended Coalition Connections for the Suicide Prevention Coalition and shared updates on SPC’s progress towards their strategic plan.
- ASAP Coalition Chairs presented CLYDE (Community Level Youth Development Evaluation) Survey results/data to Tioga Central and Spencer-Van-Etten school districts.

Environmental Health

- Director of Environmental Health and Public Health Sanitarian attended the Tioga County Water Quality Committee Meeting.
- We hosted a Water Operator training at the Health and Human Services Building.

- Director of Environmental Health met with Emergency Department Manager at Guthrie-Robert Packer about how to report potential rabies exposures using our online Bite Report form.

Patient Services (EI, Dental, Clinic)

- Early Intervention service coordinators have been busy due to an increase in number of intakes and caseloads.
- Our Speech-Language Pathologist has started seeing children. However, with the continued provider shortage, and with more children needing services overall, the number of children awaiting services has not changed and the number of children awaiting evaluations has had an increase.
- EISCs delivered springtime fun baskets to Early Intervention kiddos.
- Dental staff completed their annual hearing exams.
- Director of Dental Services is leading initiative to improve oral health for children by encouraging primary care providers to apply fluoride varnish in the medical setting. This has been fully endorsed by the Board of Health.
- Director of Patient Services and Public Health Nurse met with our medical consultant, Dr. Zevan, to discuss ways to improve rabies post exposure prophylaxis administration (RPEP) at area departments.
- Communicable disease has seen an increase in tickborne illnesses, especially anaplasmosis. There has also been an increased number of Sexually transmitted Diseases. We are working on targeted education.

Administration

- Planning for a new strategic plan is underway, following county guidelines and Public Health Accreditation Standards.
- We updated the Public Health phone message when calling 687-8600 to reflect updates to our programs.
- We are testing out a new tool for our internal meetings, a recorder that uses AI to transcribe meeting minutes, which has been fully approved by Tioga County ITCS.
- Management Team provided program updates at the April Board of Health Meeting.

Workforce Development

- Emergency Preparedness Coordinator attended the Preparedness Summit in Baltimore, MD.
- Emergency Preparedness Coordinator has put together weekly “Be Aware, Be Prepared: Preparedness Tips” for staff, to make sure staff are prepared in an emergency.
- Director of Environmental Health and Director of Weights and Measures attended the Central New York Weights & Measures Directors meeting in Madison County, which discussed topics of testing electric car chargers, weighing cannabis at regulated shops and field safety.
- Public Health Director attended virtual training with the Public Health Foundation, sponsored by NYSACHO, on Leadership, Communication & Innovation in Public Health.

Ongoing Support/Partnerships

TCPH team members actively serve in leadership roles or participate in the following:

- Advocacy, Support & Prevention (ASAP) Coalition
- Child Fatality Review Team
- Family Enrichment Network (Head Start)
- Lourdes PACT Advisory Board
- Mothers and Babies Perinatal Network
- New York State Association of County Health Officials (NYSACHO)
- New York State Association for Rural Health (NYSARH)
- New York State Association of Counties (NYSAC)
- Racker Center
- Rural Health Network
- S2AY Pivotal Public Health Partnership Early Childhood Committee
- Team Tioga
- Tioga County Board of Health
- Tioga County Commissioner's Advisory Council
- Tioga County Community Organizations Active in Disaster (COAD)
- Tioga County Council of Governments
- Tioga County Local Emergency Planning Committee (LEPC)
- Tioga County Mental Health Sub-Committee
- Tioga Opportunities, Inc.
- Tioga County Suicide Prevention Coalition
- Tioga County Threat Assessment Management Team
- Tioga County Water Quality Committee
- Tioga County Youth Bureau

Attachments:

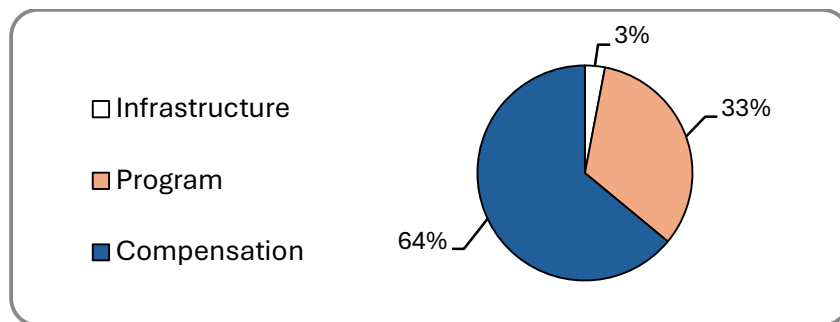
1. Financial Snapshot, YTD thru March 2026.
2. Photographs: Public Health Week, Public Health Excellence Awardees, April 7, 2026.
3. Advertisement: "Prescription Drug Take Back and Sharps Disposal Event for Tioga County, NY," Owego Pennysaver, April 12, 2026.
4. Advertisement: "Don't Get Sick From a Tick!," Owego Pennysaver, April 12, 2026.
5. Flyer: "What the Health!?", April 2026.
6. Bulletin Board: "Don't Get Sick From a Tick!," HHS Building, Owego, NY, April 2026.
7. Bulletin Boards: "Distracted Driving Myths Vs. Facts," and "Happy Public Health Week," 56 Main St., Owego, NY, April 2026.
8. Billboards: "Prevent Medication Misuse," "Little Tick, Big Problem!," Various Locations, April 2026.
9. Data Spreadsheet March 26- April 22, 2026.

Financial Snapshot
Year-to-date through March 2026*1,2,3

	Budget 2026	Actual YTD 2026	Percentage of 2026 Budget
REVENUES			
Fees	838,850	68,973	8 %
State/Federal	3,633,567	16,478	0 %
Local	3,873,301	996,950	26 %
TOTAL	8,345,717	1,082,401	13 %

EXPENSES			
Compensation	3,476,616	697,347	20 %
Program Expense	4,405,722	356,395	8 %
Core Infrastructure	463,379	258,659	6 %
TOTAL	8,345,717	1,082,401	13 %

Allocation of Expenses
Year-to-date through March 2026



***Notes:**

1. These figures represent the most recent 'closed out' month by the Treasurer, which is March 2026.
2. Most of January & February revenue are adjusted back to prior year as payments during this time are for services performed in the prior year. State Aid reimbursement is reported a couple months after each quarter ends.
3. Additional funds not including in the reported numbers above are JUUL Settlement Funds & ASAP Coalition grants. These are excluded as they are outside of our County approved budgets and would skew the figures to not being accurate reflections of financial status.



Public Health Excellence Awards: Public Health Champion Award, Tioga County Rural Ministry



Public Health Excellence Awards: Public Health Protection Award, Tioga County Public Health Environmental Health team



Public Health Excellence Awards: Public Health Prevention Award, Laura Bennett, Senior Public Health Educator, TCPH



Public Health Excellence Awards: Public Health Promotion Award, Tioga County Legislator, William Standing

Prescription Drug Take Back And Sharps Disposal Event for Tioga County, New York

DEA NATIONAL **TAKEBACK**

Saturday, April 25, 2026

10:00am - 2:00pm
Health & Human Services Building
1062 State Route 38, Owego, NY 13827

This is a drive thru event. Please stay in your vehicle and staff will assist with collecting medications and sharps!

Items Approved for Disposal

Over the counter and prescription:

- Medication tablets
- Capsules
- Patches
- Other solid forms of prescription drugs

Sharps: syringes, needles, & lancets:

- Must be in a hard plastic or sharps container
- We cannot accept "loose" sharps

Sorry, We Can't Take:

- Liquids of any kind
- Illegal drugs
- Medical devices and batteries
- Aerosol cans and inhalers
- Mercury-containing devices
- Radioactive drugs
- Chemotherapy drugs

Have Questions? Please contact:
Tioga County Public Health: 607-687-8600

Owego Pennysaver 4/12/2026

Advertisement: Owego Pennysaver, April 12, 2026

DON'T GET SICK FROM A TICK!

PREVENT TICK BITES

- Avoid grassy, brushy, or wooded areas.
- Walk in the center of trails.
- Treat clothing and outdoor gear with products containing 0.5% permethrin.
- Use EPA-registered insect repellent.
- Check your clothing, gear, & pets for ticks.
- Shower soon after being outdoors.
- Check your **WHOLE** body for ticks.

Tickborne Illness Cases Reported in Tioga County

Tickborne Illness	2021	2022	2023	2024	2025
Anaplasmosis	39	22	45	51	84
Babesiosis	6	4	11	11	20
Ehrlichiosis	2	2	7	0	1
Lyme Disease	49	123	169	225	410
Rocky Mountain Spotted Fever	3	2	0	0	2
Total Cases Reported	99	153	232	287	517

TICK REMOVAL

1. Use clean, fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.
2. Pull upward with steady, even pressure. Don't twist or jerk tick.
3. After removing the tick, thoroughly clean the bite area and your hands with rubbing alcohol or soap and water.
4. Never crush a tick with your fingers. Dispose of a live tick by putting it in alcohol, placing it in a sealed bag/container, wrapping it tightly in tape, or flushing it down the toilet.

SIGNS AND SYMPTOMS OF TICKBORNE ILLNESS

Fever/Chills Aches/Pains Rash

Many tickborne illnesses can have similar signs and symptoms. If you get a tick bite and develop these symptoms within a few weeks, see your healthcare provider.

Check these areas of your body for ticks after being outdoors in grassy, brushy, or wooded areas.

Learn more at ph.tiogacountyny.gov

Owego Pennysaver 4/12/2026

Advertisement: Owego Pennysaver, April 12, 2026



What the Health!?

April 2026



April is Autism Awareness Month!

Early identification of developmental delays & disabilities, including autism, is important for connecting children to the resources they need to thrive! Visit ph.tiogacountyny.gov to learn more about our Early Intervention and Child Find programs.

Be in the Know!

Get the facts about vaccines!




Scan for reliable sources of information

Spring's Most Unwelcome Visitors are Back!

Did you miss us?



Prevent Tick Bites!

- Apply insect repellent
- Stay out of tall grass
- Check for ticks soon after coming indoors

Remember - at this stage in their lifecycle ticks are very small and can be hard to spot if you don't pay close attention.

Cannabis Quiz

1. What percentage of Tioga County youth (grades 7 - 12) reported marijuana use in the last 30 days?
 - a. 4.7%
 - b. 9.8%
 - c. 16.2%
2. Which method of cannabis use has the slowest onset?
 - a. Smoking
 - b. Vaping
 - c. Edibles
3. True for New Yorkers: Driving under the influence of cannabis is:
 - a. Legal if you consumed a small amount
 - b. Illegal and treated similarly to driving under the influence of alcohol
 - c. Legal only on rural roads
4. In NYS, using cannabis is allowed:
 - a. Anywhere tobacco smoking is allowed
 - b. In cars or other motor vehicles
 - c. Inside workplaces and public buildings
5. True or False: Secondhand cannabis smoke contains many of the same chemicals found in tobacco smoke.

1 a 2 c 3 b 4 a 5 True

HAPPY EARTH DAY!

April 22nd



Try a Simple Act of Green!

- Always carry a reusable bag
- Make your next meal meat-free
- Shop at a local farmers market
- Buy nothing for a day
- Visit a park

Flyer: "What the Health!?" April 2026.

DON'T GET SICK FROM A TICK!



Public Health
Tioga County

Learn more at ph.tiogacounty.ny.gov

PREVENT TICK BITES

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SIGNS AND SYMPTOMS OF TICKBORNE ILLNESS

Fever/Chills
Aches/Pains
Rash

Many tickborne illnesses can have similar signs and symptoms. If you get a tick bite and develop these symptoms within a few weeks, see your healthcare provider.

Bulletin Board: Health & Human Services Building, Owego, NY, April 2026.

HAPPY PUBLIC HEALTH WEEK!

DENTAL HEALTH SERVICES & EDUCATION

HEALTHY HOMES

VACCINATIONS

PROMOTING MENTAL HEALTH






WASH YOUR HANDS

PROMOTING HEALTHY HABITS




TESTING FOR CLEAN WATER

FOOD SAFETY




EARLY INTERVENTION

SUBSTANCE USE PREVENTION

TRAFFIC SAFETY HARM REDUCTION

HALOGEN HAIR SPRAY

RABIES PREVENTION

Public Health
Prevent. Promote. Protect.
Tioga County

Tioga County Public Health

Think You Can Multitask While Driving? Think Again!

Distracted Driving Myths VS Facts:

STOP

MYTHS:

- "Quick GPS adjustments are harmless."
- "Texting for a few seconds can't cause a crash."
- "Snacking doesn't count as distracted driving."
- "Distracted driving rarely causes serious harm, I do it all the time."

GO

FACTS:

- Entering directions while driving is one of the top causes of distraction-related crashes.
- Taking your eyes off the road for 5 seconds at 55 mph is like driving the length of a football field blindfolded.
- Any activity that takes your attention away from driving, including snacking, is considered distracted driving.
- In New York State, driver distraction contributes to over 100,000 crashes every year.

Public Health
Tioga County

Bulletin Boards: 56 Main St., Owego, NY, April 2026.



Billboard: Various Locations, April 2026

DATA SPREADSHEET

March 26-April 22, 2026

<u>PUBLIC HEALTH ACTIVITIES</u>	<u>Y-E 2024</u>	<u>Y-E 2025</u>	<u>Mar-26</u>	<u>Apr-26</u>	<u>Y-T-D</u>
Community Health					
Communicable Disease	3082	2643	320	259	1255
- General Infectious Diseases (Campylobacterious, Salmonellosis, etc.)	330	363	86	29	223
- Zoonotic Diseases (Anaplasmosis, Lyme, etc.)	352	474	22	21	65
- Vaccine-Preventable Diseases (COVID-19, Influenza, etc.)	2281	1710	203	60	896
Child Passenger Safety Seats Inspected	49	39	4	0	8
- Child Seats PASS Inspection	9	10	0	0	0
- Child Seats FAILED Inspection	40	29	4	0	8
- Child Seats Distributed	62	47	3	0	8
CredibleMind Users	N/A	2857	230	158	825
Immunizations: Total children and adults	87	54	1	2	10
Newly Identified Children with Elevated Blood Lead Levels	10	13	2	3	4
Environmental Health Assessments due to Child with EBLL	8	9	1	1	2
Current Children with EBLL Caseload	N/A	N/A	19	19	N/A
- Welcome Baby Packets Mailed	298	433	43	34	143
Lactation Consultant Requests	N/A	N/A	0	5	5
Lactation Consultant Current Caseload	N/A	N/A	0	5	5
Individuals Naloxone Trained (Opioid Overdose Prevention Program)	96	72	25	0	25
Dental					
New Clients	325	383	57	31	157
Dental Screenings	1227	1359	175	109	517
- Clients with Low Decay Risk	461	287	32	19	98
-Clients with Moderate Decay Risk	274	445	56	28	182
- Clients with High Decay Risk	493	619	88	62	235
Extractions	170	205	26	13	62
Children Services					
Referrals for Services (ChildFind & EI)	N/A	N/A	19	14	58
Referrals forwarded to Early Intervention (Prev. Early Intervention Referrals)	195	138	15	6	43
- Early Intervention CURRENT Caseload *Monthly total	N/A	N/A	40	43	N/A
- EI children waiting for service(s)	N/A	N/A	13	13	N/A
- Active EI Providers	N/A	N/A	8	9	N/A

	<u>Y-E 2024</u>	<u>Y-E 2025</u>	<u>Mar-26</u>	<u>Apr-26</u>	<u>Y-T-D</u>
Preschool					
- Children in a tuition-based program	N/A	N/A	26	26	N/A
- Children receiving transportation services under the Serafini contract	N/A	N/A	17	17	N/A
- Children receiving transportation from their parents	N/A	N/A	9	9	N/A
Child Find					
- Current Children being served	N/A	N/A	15	16	N/A
Environmental Health					
Animal bite investigations	238	237	21	25	66
- Individuals requiring Rabies Series (N)	51	39	2	3	7
Rabies Clinics	9	8	0	1	2
- Number of Animals Vaccinated	1377	1140	0	82	199
Food Establishment Inspections	228	240	20	14	65
Food Course Certificates Issued	N/A	N/A	26	52	89
Temporary Food Inspections	62	64	0	0	1
Clean Indoor Air Act Complaints (Smoking)	1	5	0	0	1
Mobile Home Park Inspections	35	35	7	5	18
Swimming Pool Inspections	11	20	3	1	4
Tanning Inspections	2	2	0	1	1
Children's Camp Inspections	13	14	0	0	0
Agriculture Fairground Inspections	3	2	0	0	0
ATUPA Checks (Underage Tobacco Sales)	116	157	32	0	35
Enforcement Actions	45	64	7	3	16
Weights & Measures					
Inspection Sites	201	141	4	13	23
-Devices Inspected	448	257	29	35	105
-Devices PASS Inspection	N/A	N/A	28	31	99
-Devices FAIL Inspection	N/A	N/A	1	3	5
Fiscal-Electronic Payments & Applications					
Total Number of Electronic Payments (All Programs)	N/A	133	18	18	48
Total Dollar Amount of Electronic Payments Received (All Programs)	N/A	\$25,876	\$4,239	\$3,442	\$8,639
Number of Electronic Applications Received	N/A	47	0	0	14